

Dear friends

It is good to give thanks to the Lord, and to sing praises to Your name, O Most High. Psalm 92 v1

The above Psalm speaks of the loving kindness and faithfulness of the Lord. We hope that many of you will be able to join with us in giving Him thanks at our Open Day for His goodness to us at Quebec Hall.

Thanks to the efforts of staff and visitors, residents have had a number of much enjoyed events during recent months.

It is good to have our new additional rooms completed and occupied. Welcome to all who have moved in to bungalows or into the Hall recently.

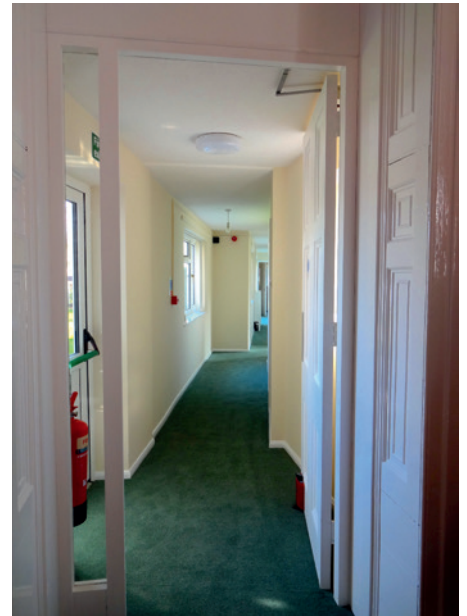
We hope you will become involved in life at Quebec and enjoy your new home with us. Our team has recently been strengthened with new staff members. We trust they will find working here rewarding and enjoyable.

Stephen Read, Trustee

Don't forget our
Open Day
12th July at 3pm

Ground floor extension

We received CQC approval on 18th March for our two new rooms



The former bungalow 44, a two bedroom bungalow, has been converted to two rooms with ensuites.

One room is large enough for a double, should the need arise in the future. There is also an additional ground-floor toilet for residents which shall prove very helpful.

The refurbishment has been completed to a high standard by our tradesmen with

all new decor, carpets, furniture, and hospital style beds.

We are so thankful to God for their professional approach to the project and the speed with which it has been completed. A purpose built passageway links both rooms to the ground floor lounge. New residents came into the new rooms following CQC approval.



Canon Alan Mellows ~ Biography

I was very pleased to move into Quebec Hall on Saturday 5th April, having been widowed since Christmas.

I am recovering from a month in hospital, also my memory is not good, so my daughter is writing this.

I was born into a Christian family in 1923, the youngest of six. We lived in Wallington, Surrey and my father was a property manager. I went to school in Eastbourne, then to Cambridge to study engineering.

My first job was in the Bristol Aeroplane Company, working on design of early jet engines. In my room now, I have my model of the de Havilland Mosquito aircraft.

I met my excellent wife, Doreen, at Holy Trinity Church, Bristol (now incorporated into the Easton Christian Family Centre). Communists put paid to our call to be

missionaries in China and I became a curate in Morden, Surrey, when Billy Graham first came to London. Next I was vicar at Brimscombe, overlooking the beautiful Stroud valley, Gloucestershire.

In 1962 we moved to Mileham, not far from Dereham. I was in charge of the churches in Mileham, Beeston and Stanfield, then also Great and Little Dunham. Our last parish was Ashill with Saham Toney, after which we retired to Old Hunstanton. We loved being near the sea and assisting with churches from Old Hunstanton to Burnham Deepdale.

I cared for Doreen as she had a longterm leukaemia. I have five children, 15 grandchildren, four great grandchildren and two on the way. My hobbies have been carpentry and inventing, bird watching, and archaeology.

WHAT'S BEEN HAPPENING...

Hand bells

Ladies from the St. Withburga Ringers entertained many on Monday 3rd March.

The ladies played full hand bells, which are around 200 years old and quite heavy. It was a wonderful afternoon, consisting of well known tunes and also some less well known, but nonetheless enjoyable. We took the opportunity to join in the fun!

Thank the ladies most sincerely.



Sproston Bell Plate Ringers

How good to welcome back our friends from Sproston.

At an evening in late April many were entertained as they played their Bell Plates. An excellent quartet sang in harmony – very good! Readings and prayers was offered too.



Quiz Night

A great evening with much laughter and fish & chips was enjoyed by all last April.

Six teams battled to win the honours in the quiz with the winning team being "The Diners Club". For the first time in eight years of quizzes Karen, Lynne and Mark was all on the winning team!! Thanks to all who took part, we look forward to the next one in October.



South African experience

Our 4th annual Themed Evening Meal took 32 guests to South Africa.

A delightful evening of fine South African food in surroundings reminiscent of this continent was appreciated by all. Thanks to all who made the evening possible, especially two staff members, Jo and Aline.



Art exhibition

Quebec Hall held its first exhibition of art on Wednesday.

Residents of the complex, encouraged by staff and trustees, meet regularly once a month and engage in water colour, acrylic painting, drawing and encaustic art. Some have pursued their chosen art form throughout their lives and are happy to be able to continue.

Others have never had the opportunity or inclination to do so but have been surprised at their achievements with just a little help and encouragement. It is a very happy group of a dozen or so people who relax, share, and learn with each other. Materials and refreshments, provided by QH, are gratefully received. Results of the years work were on display for all to enjoy.



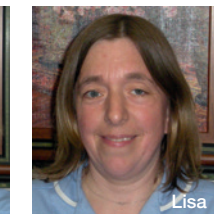
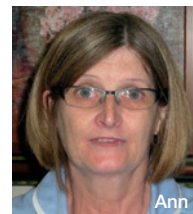
Residents and visitors viewing the work

STAFF NEWS...

New staff

Quebec Hall welcomes Ann Culyer and Lisa Home as new staff members.

Lisa had worked at QH prior to relocation to Lincolnshire. She has returned to be closer to family and friends, we warmly welcome her back. It is our prayer that both ladies find fulfilment as they care for our residents.



A fond farewell

Mrs Katie Coleman has been on maternity leave following the birth of her fourth child. She has chosen not to return to work and we wish her, and her family, God's blessing for the future.

FORTHCOMING EVENTS...

- ★ Out & About Sing-a-Long Group – 2nd June at 2.30pm
- ★ Afternoon Cream Tea – 11th June at 3pm
- ★ Open Day – 12th July at 3pm
- ★ Afternoon Cream Tea – 16th July at 3pm
- ★ Hog Roast – 19th July at 5pm
- ★ Bar-B-Q – 30th August at 5pm



Quebec Hall

TRUSTEES:

Colin Wooden (Chairman)
Andrew Bash · Stephen Read
Martin Boyce · David Harley
Philip Parfitt

SENIOR MANAGEMENT:

Mark Woodgett (General Manager)
Karen Vertigan (Head of Care and Registered Manager)
Lynn Kelly (Deputy Head of Care)