

## Dear friends

*Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you.*

*2 Thessalonians v 16*

Our Activities have of necessity been curtailed these past three months as part of our strategy to keep out COVID-19. We are truly grateful to staff and others who have contributed to residents welfare in this difficult time.

We hope it may be possible later in the year to return to near normal activity. I am sure we all miss the times of fellowship with friends and look forward to the day when it may be resumed.

Let us continue praying for the safety of all at Quebec Hall, including the staff and health professionals who serve us so well.

**Stephen Read, Trustee**

## STAYING SAFE...

**May we again ask that all folk living on site adhere to whatever guidelines are given by the Government with regards to social distancing and going out, as we cannot afford to be complacent or allow our guard to drop for at least the rest of this year or until a vaccine can be found.**

## Food Safety Level 3



**Chef and Supervisor of our kitchen, John Kelly, has attained his Level 3 Food Safety Certificate.**

We heartily congratulate John for his continuing desire to improve his knowledge which will be to the benefit of every resident. **Well done John!**

# 2020: a year not to be forgotten

**2020 had been planned to be a year of Thanksgiving to God and a Celebration of His provision. This summer, it is 60 years since the commencement of Quebec Hall as a Residential Care Home and Bungalow Complex for Christian men and women.**

The month of July would have found us meeting together for a special "60th Anniversary Thanksgiving". A marquee would have been erected on the lawn, sung worship, prayer and praise would have been offered. We would have "looked back" over years past and the achievements.

We would have "looked forward" to years as yet to come if God so granted them. While little has unfolded in the manner anticipated for the year, we must continue to be ever thankful for the gracious hand of our God upon Quebec Hall. He has indeed kept us all safe from the ravages of this COVID-19 virus thus far.

You have each contributed to the well-being of the complex by following government directives, helping one another, and demonstrating true Christian love and compassion to those not so able. Trustees are so appreciative of all that hard work. May we never forget that we are not through this pandemic as yet. Much remains to be seen and everyone of us must remain alert and follow the guidance given. I know how disappointing this has been for all of us with

so much planned and anticipated. Quebec Hall Social Group (bungalow residents) had a full summer of activities scheduled, none of which can be fulfilled.

Those residing in the Hall have found it very difficult, not only because they have been unable to receive visits from family and friends, but also because they have been unable to leave the close confines of the Hall for their own safe-keeping. They, like us all, understand the need for these restrictions but it does not make it any easier to accept. Management and staff have worked tremendously hard to keep us all safe, following the strict guidelines themselves. We are so thankful for this. Everyone of us has had their life impacted by this virus in one form or another.

We mourn with those who have lost loved ones to this pandemic, we remain so thankful to all health care professionals who have laboured to keep hospitals, clinics, and surgeries open through these challenging times. Our plans for this year may have had to be placed on hold, but rest assured, it will improve.

**May we remain ever thankful for the joyous salvation that God grants to the repentant through faith in His Son, our Lord Jesus. Let us seek every opportunity to share this "good news", for truly that is what it is.**

## COVID-19

**So, what do we say about this! Quebec Hall went into lock down from the 20th March. This meant no family visiting, or visitors of any kind, with the exception of health care professionals.**

One member of staff was advised by the health authorities that being in an at risk group of people she should isolate at home. This has presented a very difficult time for residents, management, and all staff. In total three staff members have had to self-isolate at various times. It has been a great blessing

to see those of our bungalow residents who have stood week-by-week, outside of the Hall, to applaud ALL key workers each Thursday evening.

**We thank you all for doing this!**



## WHAT'S BEEN HAPPENING...

### Chef's Choice Food Night

Around 30 guests sampled the delicious 6 course menu available on the evening of 15th January.

Guests sat down at 5.00pm so as to coincide with meal times at the Hall. It enabled more residents to attend without disruption to their routines.

As ever, grateful thanks are extended to both chefs – Jayne Olley and John Kelly.



### Delia's Carrot Cake

What a wonderful surprise to receive a gift of "Delia Smith Carrot Cake, some bottles of water, and a football shirt signed by players of Norwich City Football Club".

Delia is a joint owner of the Football Club, along with her husband. It was their way of acknowledging the hard work that all Residential Care Homes are doing in the wider community of Norfolk through these times of great difficulty for the nation.

We thank them for their very kind gift.



### Art & Craft Exhibition

In mid-February our annual Art & Craft Exhibition with cheese tasting took place.

As has been the case in previous years some amazing pieces of work were exhibited. We thank all who participated on the day. It is right that we make mention of Philip Parfitt and his team for their organising skills, and also to John Kelly who put on a truly mouth-watering array of cheese and biscuits with condiments.



### Grace's Celebration of VE day

Staff member Grace Olley celebrated VE day (Victory in Europe) in her uniform as an Air Cadet.

Grace, along with many others from around the country, celebrated at home as can be seen.

Residents also remembered this special day singing "We'll Meet Again" at their lunch tables in the dining room!!

Everyone enjoyed the day, watching events unfold on the television, and sharing tea which consisted of ample supplies of scones and cake! A memorable day!



### NEW STAFF...

A warm welcome is extended to both Berta Almeida and Tina Lockey who have joined the staff at Quebec Hall.

Berta has joined us as a kitchen assistant and Tina as a carer. Both ladies have previous social care backgrounds and we pray they will both settle in quickly and enjoy their time with us all at Quebec Hall. Sadly, with the COVID-19 pandemic, Tina has had to leave owing to health difficulties.



#### TRUSTEES:

Martin Boyce (Chairman)  
Andrew Bash · Stephen Read  
Philip Parfitt · Sam Leinster  
Denise Ashton

#### SENIOR MANAGEMENT:

Mark Woodgett (General Manager)  
Karen Vertigan (Head of Care and Registered Manager)  
Lynn Kelly (Deputy Head of Care)

### FUTURE EVENTS – IMPORTANT NOTICE...

During this time of the ongoing pandemic of COVID-19, there will be no events held at Quebec Hall until October.

Please check our website for further details.