

*Dear friends*

*I will lift up my eyes to the hills – where does my help come from? My help comes from the Lord the maker of Heaven and earth. Psalm 121:1, 2*

We have in recent months been thinking a good deal about a new lift to replace the current elderly model. It made my mind go to the above verse. When we face big issues in life we have a source of help who is infinite in power and wisdom.

As we have read in the news distressing reports of some care homes in our country, it is reassuring to have in our staff a team who are well trained and caring. Their dedication and professionalism contribute immensely to the standard attained here at Quebec Hall.

You will see, as always, residents have been well entertained by the various activities provided over recent months. It is good to see friendship and fellowship promoted among residents of Hall and bungalows.

The trustees are grateful to all who pray for Quebec Hall and value your support.

**Stephen Read, Trustee**

**An old postcard**

**Many friends will recall an article in the last edition of the Quebec Hall Newsletter concerning a postcard.**

We have received an update from Mrs Bertha Potter, widow of the founder of the work here, concerning this card. It was originally written by a Dorothy Torkington. Mrs Potter informs us that she, Dorothy Torkington, was matron at Quebec Hall during the 1960's. It appears that she lived onsite in a part of the Hall that was used for staff accommodation but is now additional resident's rooms. Sadly she passed away on the 24th November last year in her 101st year! Her last years were spent at a residential home in Lowestoft.



**New transport!**

**Plans to replace Quebec Hall's ageing lift**

**Many friends of Quebec Hall must be aware of the project to replace the main lift within the Hall.**

Those who were able to attend our bi-annual Open Day and Service of Thanksgiving for the Lord's provision last summer will recall that mention was made of this project. As we plan, in the Lord's will, to commence this work in the spring of next year preparations are well underway to secure any additional help and funding from interested Christian friends. An approach has been made to several larger Christian Charities that may have funds which would help towards meeting the cost of such a project.

Our current lift, which is more than 50 years old, only transports 2/3 people at a time through ground, 1st and 2nd floors. It is now unsuitable to meet the ongoing needs of residents, of family, and of staff.

We need a much larger 8 person lift that will also have the space to move equipment from floor to floor. This requires a new lift shaft to be built at the rear of Quebec Hall behind the current lift shaft and adjoining the fire escape. This will require a feat of construction and engineering to accomplish this, for at the same as this work progresses our current lift must remain available for use.

**The management team at Quebec Hall are working closely with the Trustees to bring this project to completion during the summer of next year.**

We have received a full assurance from the company that maintain our lift, and that shall supply the new lift, that this is perfectly possible to achieve. All necessary approvals have been obtained from the local authorities.

Like any project cost has to be considered and plans made in the light of this. Quebec Hall desires to be a good steward of all money the Lord has



entrusted to us and we wish to honour the Lord in how we proceed.

The cost of this new lift, including the building work and installation, is of the order of £125,000 – £130,000. This is a large sum of money, and both trustees and management consider that we must be prudent in working towards such an amount knowing how often projects over-run on cost.

As Trustees, we have committed to funding a minimum of 50% of this cost from Quebec Hall's own resources and to this end are building such expenditure into the budget for 2016. The management team at Quebec Hall are working closely with Trustees to bring this project to completion during the summer of next year.

We ask of all our Christian friends that they please stand alongside us in prayer for the Lord to meet such need in order that work is not delayed unduly.

May we also draw to your attention a supply of Calendars for 2015 that are available from the office at Quebec Hall for the sum of £5. These are full colour with photos taken by one of our bungalow residents.

## WHAT'S BEEN HAPPENING...

### Fun and fellowship

Our second Quiz night of 2014 was held in October. Having enjoyed fish and chips 5 teams contested the quiz.

The accolade of "Winning Team" went to "Grass Roots" which once again included our manager Mark Woodgett. All in the team received a prize. It was a closely fought contest with much merriment, and the fish and chips were good too! Head of Care, Karen Vertigan, was on the team that received a consolation prize for coming last. Many thanks to our quiz master David Oldfield for all his help over many years.



### Christmas Day lunch

As can be seen from the lovely photo many of residents, and bungalow residents, enjoyed a wonderful Christmas Day roast turkey with all the trimmings.

We thank the cook on the day, Lisa Horne, and all the staff for their hard work in making it such a lovely day. The real Father Christmas took time out following his busy night to give some presents to all residents in the Hall!

Two residents organised Carol singing in the afternoon and with a wonderful Christmas tea with that amazing Christmas cake, a very special day was complete where all rejoiced and remembered the real reason for this Season – *Our Lord Jesus Christ*.



### Christmas with the Cub Pack

Once again the William Cowper Cub Pack visited us in December last year.

As in previous visits the youngsters impressed with their enthusiasm to please and to both share with residents and friends alike. We were entertained again this festive season as they participated with a puppet show production of the Nativity. An enjoyable evening was brought to a close when the cubs sang a selection of carols.

### Victorian Carols

All enjoyed a wonderful afternoon with a Victorian theme on 16th December.

Billy J. Wells entertained in playing his clarinet with backing music. Much of the time was spent singing carols along with some arrangements Billy had put together especially for the afternoon. Next year maybe residents and friends can dress in Victorian attire?

Our thanks go to Billy for his kindness and consideration.



### Cameo Singers visit

The second Thursday of December last year saw a return visit from the Salvation Army Cameo Singers.

Many bungalow residents, along with residents of the Hall, enjoyed a very merry gathering. Several familiar carols were sung and enjoyed by all. Tea, coffee and mince pies completed such a joyful gathering.

## Kate's cake!

Miss Kate Bush, one of our cooks, designed and made this wonderful Christmas cake.

All residents and friends enjoyed a slice and found it was also "very tasty". We pass on our thanks to Kate for her kindness and hard work.



## FUTURE EVENTS...

- ★ March: Monday 2nd 2.30pm  
St. Withburga Ringers
- ★ March: Friday 27th at 6.30pm  
*Proceeds to Lift fund*  
Quiz Night with Fish & Chip Supper  
Cost £5
- ★ April: Saturday 4th at 11am  
Thought for Easter
- ★ April: Friday 24th at 6.30pm  
Sprowston Bell Plate Ringers
- ★ May: Friday 1st at 7pm  
This year we are going to THAILAND  
*Proceeds to Lift fund*  
Themed Evening meal – Cost £15  
32 places – RESERVATIONS ONLY!

Quebec  
Hall

#### TRUSTEES:

Colin Wooden (Chairman)  
Andrew Bash · Stephen Read  
Martin Boyce · David Harley  
Philip Parfitt

#### SENIOR MANAGEMENT:

Mark Woodgett (General Manager)  
Karen Vertigan (Head of Care and  
Registered Manager)  
Lynn Kelly (Deputy Head of Care)

See our updated website for activities, gallery pictures and news!