

Dear friends

How great is your goodness which you have stored up for those who fear you. Psalm 31:19

As we enter 2014 we thank God for His faithfulness toward us, and look to Him for guidance day by day. Our residents have enjoyed a number of activities as our photographs show.

We have also been privileged to have visits from cub pack and Salvation Army musicians to entertain.

After many months of praying we are delighted to have two new trustees join Quebec Hall trust. The staff also gains new recruits to further the work here.

We welcome residents who have moved in recently and hope you will be happy here. It is encouraging to see many of you at Bible studies and other activities available at Quebec Hall.

Stephen Read, Trustee

Miss Edna Nathan's Poem (Resident)



Angel Playtime:

Oh; what a wonderful day.
Big soapy clouds. Ready for a ride?
No place to hide. An Angel holiday!
Hurrah! What fun! Choose your cloud.
Bright rein ribbons. Hold on tight.
Wind in the wings. Freedom is great.
That defies speed and space.
Egg and spoon race.
High vault... Races galore.
And lots more.
Such fun, who wins?
No matter, just enjoy.
Day is done. Time to say.
Thank you Lord. For a day of fun.

E. Nathan Oct. 2012

Kay Bidewell ~ Biography

I was born in Norwich in September 1917, the third of five children. A year later I became a victim of the flu epidemic. I was not expected to survive but the Lord had other plans.

As a child, brought up by Christian parents, I put my faith in the Lord and accepted Him as my saviour. We lived in a rented house with gas lighting; an outside toilet, no bathroom and no modern aids. We had no radio or TV and made our own amusements, enjoying simple pleasures. Locally, trams provided public transport.

When I was five, I attended a small private school run by two of my aunts and finished my education at the Blyth Secondary School. In 1935 I joined the Norwich Corporation Electricity Department as a clerk. In 1942 I was "called up" and started training at the London Homeopathic Hospital.

The nurse's home had been demolished and wards damaged so a large house near Kingston had been adapted to serve as a hospital in the event of an emergency evacuation. It was staffed by nurses from London and I did two spells of duty there.

At the end of the war I left the L.H.H. but had to do another twelve months before my release. That year I spent at the Victoria Garage Hospital at Watton where amongst other things, I assisted in the newly



opened maternity wards. In 1946 I returned to the office.

My mother died suddenly in 1969 and I returned to keep house for my father, aged 87, my sister and two brothers, one of whom married and left. Even my father lived to be 100! After his death the three of us moved out of the large house for more suitable accommodation. I had a flat on my own where I spent almost 30 happy years. Old age and long standing arthritis took its toll and in August 2013, a few weeks before my 96th birthday, I arrived at Quebec Hall where I have received nothing but kindness and love. In these beautiful surroundings, I shall live happily, until the Lord calls me Home.

A fond farewell to Noreen



After a little over 23 years of work Noreen Mortock has retired from Quebec Hall.

All staff, trustees, and residents, offer a fond farewell to Noreen, thanking her for the years of dedicated work. She is pictured with other members of staff on her last day which coincided with the annual staff party.

WHAT'S BEEN HAPPENING...

Biggest Ever Coffee Morning

Macmillan Cancer Care was helped by a successful coffee morning last September.

Along with the coffee were some delicious cakes. We pass on our thanks to all who gave so generously with £250.87 being passed to Macmillan Cancer Care.

Carols and Cubs



The 1st Dereham Cub Pack was with us on 16th December last.

Along with carols and drama from the youngsters we learnt how many worked towards their badges. They enjoyed talking to our residents afterwards and we very much enjoyed talking to them. We pass on a big "thank you" to their leaders.

Carol Service

Our Quebec Hall Carol Service was held last December 19th.

Chairman of our trustees, Colin Wooden gave an address to the many residents and friends that had gathered. With favourite carols and relevant bible readings it was a blessed time. Refreshments followed.

QH Knitting Group

Well done ladies for all the Bottle Tops knitted for charity!



Quiz & Chips



Quiz nights at Quebec Hall, accompanied by fish and chips, have become famous over the years (or is that infamous!!)

This October the winning team was the "The Methodites", and our photos indicate a good time was enjoyed by all with fun and laughter the order of the evening. With 7 teams and 45 people playing it was "close fellowship" as can be seen. Our manager Mark, and Deputy Head of care Lynne, were on the team that came third!



Salvation Army

What a privilege in the lead up to Christmas to have the Salvation Army Cameo Singers from Dereham with us.

They shared the story of Jesus, told through bible verses, carols, and traditional Army hymns, accompanied by tambourines. Many bungalow residents, friends, and 14 of our 19 Hall residents were able to join in.

Food, Fellowship and Fireworks

What a fantastic time we had last November 8th!

Once again, it was more than a damp evening but did not prevent our manager Mark, ably assisted by his wife Clare, from giving us a wonderful display of fireworks. Hot soup and hotdogs were available to all either side of some great fireworks.

STAFF NEWS...

New staff

We are pleased to welcome Laurie Eady, Sarah Wicks, and Louise Cottington to Quebec Hall and pray they may find blessing and fulfilment here.



Laurie



Sarah



Louise

Alini & Jo

Two members of staff, Alini & Jo have been involved over recent months raising the profile of a South African Charity, Karios Care.

A visit to South Africa to see the work by both the girls, and a sponsored parachute jump by Alini, have all helped.

NEW TRUSTEES...

Quebec Hall's Board of Trustees is pleased to announce the appointment of Mr David Harley and Rev Philip Parfitt.

Both David and Philip are committed Christians and their experience will be invaluable over the coming days. We welcome them and pray God's blessing on their labours.



David



Philip



TRUSTEES:

Colin Wooden (Chairman)
Andrew Bash · Stephen Read
Martin Boyce · David Harley
Philip Parfitt

SENIOR MANAGEMENT:

Mark Woodgett (General Manager)
Karen Vertigan (Head of Care and Registered Manager)
Lynn Kelly (Deputy Head of Care)

FUTURE EVENTS AT THE HALL...

- ★ February 19th at 2.30pm – Art Exhibition
- ★ March 3rd at 2.30pm – St. Withburga Ringers
- ★ April 4th at 6.30pm – Quiz Night with Fish & Chips
- ★ April 19th at 11am – Thought for Easter
- ★ April 25th at 6.30pm – Sprowston Bell Plate Ringers
- ★ May 2nd at 7pm – Themed Evening Meal

*All are welcome
to our Open Day
on 12th July
at 3pm*