

QuebecNews

The Quebec Hall Christian Eventide Home Newsletter

Spring 2011

Dear friends

'He has given us new birth into a living hope through the resurrection of Jesus Christ.' 1 Peter 1:3

We have recently seen the beautiful fresh green of the trees and hedgerows burst into leaf as the countryside comes to life after winter and gardens bloom again. These things set the scene for our recent celebration of Easter and remembering Christ's great victory as He rose from the grave.

It is good to have a prayer group here in the Hall in addition to regular services. We are also encouraged that some bungalow residents join in the various Events and Activities. The Hall residents benefit from the fellowship and we all enjoy the varied program.

As you will see we continue refurbishing and doing our best to be compliant with all the regulations Care Homes face. We are continually thankful to God as needs are met and grateful to the tradesmen who serve us so well.

Stephen Read

Soili Clay

We have always had those with us who have taken a pride in the gardens at Quebec Hall, and until recently, a former manager Peter Tuckwell, helped to make them look their best.

Unfortunately, his health has forced a 'second retirement', so thank you for all you've done, Peter.

However bungalow resident Soili Clay is keen to take on the role. (She certainly has the right name, doesn't she!)

She writes :

My name is Soili Clay, I was born and educated in Finland. I became a Deaconess in the Lutheran church and then a nurse. In 1982 I was called to work in Somalia on a Finnish Tuberculosis team and there I met my English husband Peter. In 1986 we left Somalia and moved to Finland where we got married and built our own house.

In January 1997 we came to England and lived in Dereham and since then have lived and worked in various places in Norfolk. In 2008 we moved from Burgh Castle to live here in Bungalow No 10.

Gardening has been my main hobby all my life and I am fortunate to be able to



continue it in the lovely setting of Quebec Hall garden whilst I am still fit and able.

I would like to thank Mark, Karen and all the staff and residents for their lovely supportive comments on my hard but very enjoyable work.

God Bless You All, Soili



Environmental Health Inspection

Like all care homes, we receive unannounced visits from various authorities to ensure that we provide excellent care for our residents.

The Environmental Health Officer came to inspect our kitchens and food preparation areas in January. We are delighted to report that we were awarded the highest possible score of 5 stars. Well done to all our cooks, still room staff and carers who helped to achieve this excellent result.



Group prayer meetings

1st Thursday prayer meeting was born out of a desire to pray for the sick and the lonely here at Quebec Hall.

It started in a bungalow, but quickly transferred to the Hall in May 2007, so that it could be opened up to anyone else that wanted to come.

Up to twelve of us meet in the dining room at 3pm on the first Thursday in the month for about one hour. We start our time with a Bible reading and then pray through

a list given to us by Mark, the manager.

When that is covered we stop and make a list of prayer requests for ourselves, families and friends. Sharing our problems in confidence and being prayed for by the group is a blessing and encouragement.

If anyone reading this has a desire to be part of a praying group here, please do come along and join us - we'd be so pleased to see you.

Wendy Nash

WHAT'S BEEN HAPPENING AT THE HALL...



Fish and chip supper with quiz

The first event of the year is always eagerly anticipated – none more so than when we hold our fish and chip supper with quiz.

On 25th February, some 35 residents, family and staff enjoyed some very tasty fish and chips and then split into seven

teams to battle it out in the quiz. Who was going to win those astounding prizes? Well it was team 'Tulip' that took the honours – well done to them all.

Sadly, if you missed that one you'll have to wait until 14th October for the next one. Make a note in your diary now!



Spowston Bellplate Ringers

On 25th March, we were very blessed to have the Spowston Bellplate ringers with us once again.

We were entertained with the excellent playing of some well known tunes. Then, with a little encouragement, a few of the residents discovered that these instruments were not as easy to play as they looked.

A very good time was had by all – young and not so young – as you can see from the photo!

Coffee morning

We have always known that Odell, our resident 'hearing dog' to Mrs Ann Holmes, is very special, but not just how special!

Odell has won several awards over recent months. Ann takes every opportunity to explain to others just how much Odell contributes to the quality of her life. This included, in March, an interview on local Radio Norfolk. Training dogs like Odell is a costly business and a special coffee morning was held on 9th April and raised £215 to help this very worthy cause.



New fire doors

Recent changes to fire regulations have required us to fit new doors throughout the house.

As the Hall is over 250 years old, each door was a 'one off'. Consequently we were not able to visit the local hardware

superstore to buy them – each one had to be specially made.

As can be imagined, this was a costly business. However we have been blessed with donations that have covered the total cost for all the work involved. We are grateful to the donors and give all the glory and honour to God.

Congratulations...

New arrival

As you can see from the photo below, our manager, Mark Woodgett is very proud to show off his new granddaughter. Lucia Jane Ulanowski was born on 25th March at 10.35pm, weighing 6lb 11oz.

Lucia's Mum, Rosie, worked as a carer at Quebec Hall before taking up a post at the Fred Nicholson School in Dereham.

Lucia's Dad, also a Mark, regularly visits the Hall to take meetings. Mother and daughter (and Grandpops) are all doing well. We rejoice with all the family for God's precious gift to them.



Engagement

We are delighted to be able to report that trustee Martin Boyce and bungalow resident Alison Giles plan to be married during the summer. We trust they will know much of the Lord's blessing as they prepare for their special day.



STAFF NEWS...

Training

Last year we reported that 14 of our care staff had completed NVQ levels 2 or 3.

The process is continuing and Aline Santos has finished her level 2 and, together with Anna Kesecka is about to start level 3. *Well done Aline!*

New staff

We welcome Katie Armiger into the Quebec team.

We trust she will find much blessing in caring for our residents.



Welcome to Malta

Care Manager Karen Vertigan writes:

On the afternoon of 13th April, new bungalow residents, Ray and Doreen Morris, very briefly described their previous home in Malta.

We were shown a DVD that Ray had created showing much of the island with beautiful blue sea lapping around its coast line. We were able to see the many churches on the island inside and out and how the locals used the immediate areas outside the church for amateur entertainment.

Ray's DVD was a good insight into this small island and he also talked of the island of Gozo which is actually where they had lived for two years. Ray was able to recommend the mode of travel while on the island and where best to purchase your morning coffee.

I have to say it does look very inviting; I may well pop over there myself in the next couple of weeks!!!

FUTURE EVENTS...

- ★ May 6th Italian Themed Evening
- ★ June 1st Hearing Dogs talk
- ★ June 8th Afternoon Cream Tea
- ★ June 24th Entertainment Evening
- ★ July 6th Cream tea
- ★ July 23rd Bar-b-q



TRUSTEES:

Phil Davey (Chairman)
Colin Wooden · Stephen Read
Trevor Handel · Martin Boyce

SENIOR MANAGEMENT:

Mark Woodgett (General Manager)
Karen Vertigan (Head of Care and Registered Manager)
Lynn Kelly (Deputy Head of Care)