

MENU

IN THE LOUNGE

Canapes & Tapas
served with a traditional
Portuguese drink of Guarana

IN THE DINING ROOM

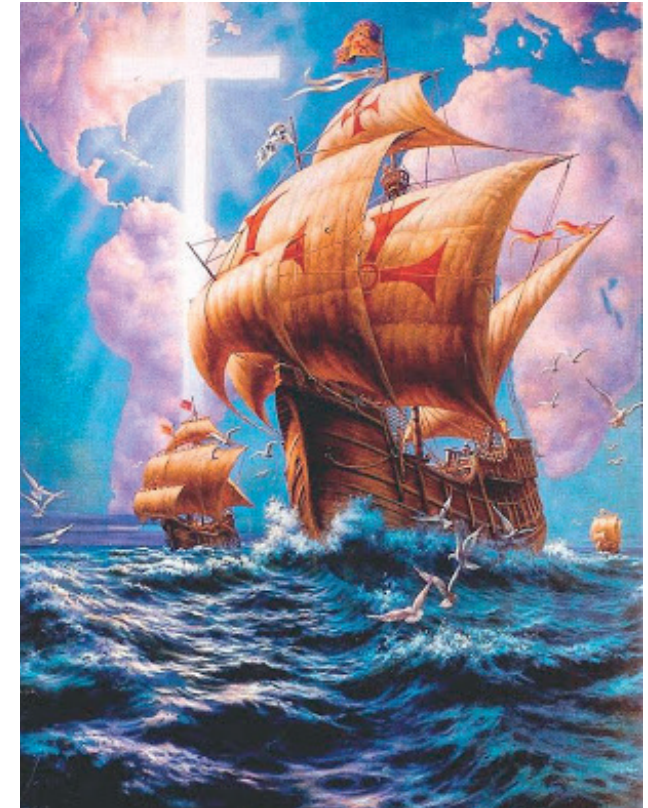
Caldo Verde
(Potato & Kale soup)

Bolinas-de-Bacalhoa
(Cod balls with parsley,
coriander & mint)

Carneiro Assado
(Roast lamb & fried potatoes with a
medley of vegetables)

Pasteis-De-Nato
(Chefs take on traditional custard tart,
ala Portuguesa)

To finish
Tea or coffee served
with sweet treats



Friday 14th June 2019
A Night from
Portugal
Our 9th Themed

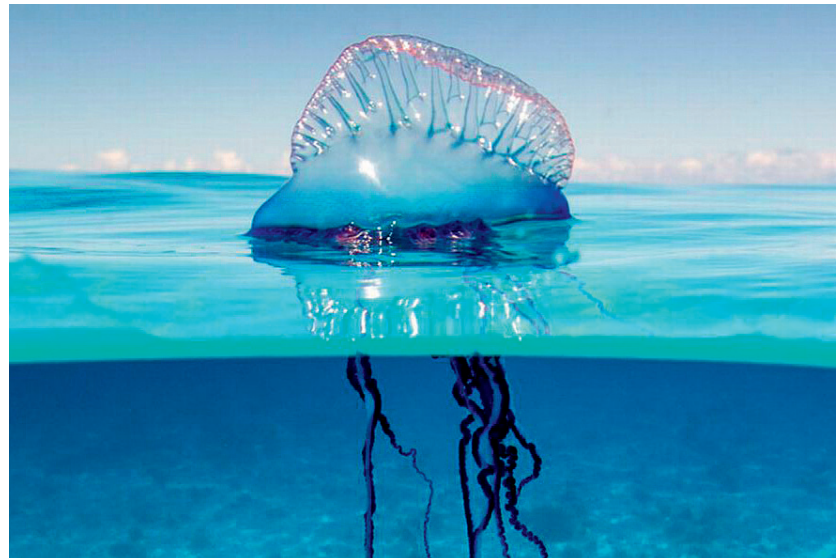
THE AGE OF DISCOVERY. In the 15th & 16th century they become the first Global Empire

Good Evening

Once again we welcome you to our now legendary and exclusive Annual Themed Evening Meal. Part of the repertoire of events we deliver here at Quebec Hall, for our residents, bungalow residents and invited guests. Each year we visit and experience some of the culture and cuisine of our chosen destination. We are once again spoilt for choice as our destination this year is Portugal.

This is one of the oldest European countries, its territory was continually settled, invaded and fought over since pre-historic times by Pre-Celtic people; Celts, Carthaginians and Romans followed by Visigoth and Suebi Germanic peoples. The Moors invaded in 711 and Portugal was established by the Christians during the Reconquista against them. Portuguese explorers pioneered maritime exploration leading to them becoming the first Global empire in the 15th and 16th centuries. They became a major economic, political and military power, sailing to India, Brazil and Africa, monopolising the spice trades. After the 1910 Revolution, the Monarchy was deposed. Democracy returned in 1974, when they granted independence to most overseas territories, the last to be handed back was Macau to China in 1999.

It could be considered the longest lived colonial Empire. Its culture and architecture remain a global influence with approximately 250 Portuguese speaking Countries worldwide.



Its climate is Mediterranean, which creates one of the warmest European countries. As well as tourism, the main industries of Portugal are agriculture; fishing, wine production and mining, They have one of the largest consumptions of fish globally.

Portugal is famous for its cod, it is claimed they have at least 365 ways to cook cod, one for every day of the year. It is almost always used salted or dried because it's fishing culture evolved long before refrigeration. Along with a rich seafood diet, the age of discovery brought many richly spiced, global influences into their cuisine.

As with all Countries regionally, there are differences and preferences. So, our globally travelled and internationally trained Chef, has dipped into the diverse and varied repertoire to bring you a taster of this beautiful Country. Historically, many of the Counties' pastries were created by the nuns and monks to supplement their incomes. So, please enjoy !

Portugal is Southwest Europe with a population exceeding 10 million. Its capital is Lisbon